

Instead of saying, "I am bored!" I can...

Inside

Color

Read a book

Play Solitaire

Build a fort/castle

Write a story

Put on a puppet show

Bake cookies

Play balloon volleyball

Complete a large jigsaw puzzle

Build things with blocks/ Legos

Paint or draw a picture

Create things with playdough/clay

Paint rocks with messages

Outside

Blow bubbles

Look for 4-leaf clovers

Walk the dog

Play Hopscotch

Ride bikes

Create an obstacle course

Take cookies to a neighbor

Jump rope

Make & sell lemonade

Pick flower bouquet for mom

Collect rocks

Put painted rocks in places for others to find (sidewalk, park, by a mailbox)